



NAME: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_/\_\_\_\_/\_\_\_\_ OCCUPATION: \_\_\_\_\_

ADDRESS : \_\_\_\_\_ MOBILE NUMBER: \_\_\_\_\_

\_\_\_\_\_ HOME PHONE: \_\_\_\_\_

E-MAIL ADDRESS: \_\_\_\_\_ WORK PHONE: \_\_\_\_\_

EMERGENCY CONTACT : \_\_\_\_\_ NUMBER: \_\_\_\_\_

REASON FOR APPOINTMENT: \_\_\_\_\_

WHEN & HOW DID THE ISSUE START: \_\_\_\_\_

IS THIS: **NEW**  **RECURRING**  **ONGOING**  **IMPROVING**  **NO CHANGE**  **GETTING WORSE**

DOES ANYTHING HELP IMPROVE IT : \_\_\_\_\_

DOES ANYTHING AGGREGATE IT : \_\_\_\_\_

HAS IT BEEN TREATED BEFORE : \_\_\_\_\_

DOCTORS NAME & PRACTICE : \_\_\_\_\_

ARE YOU UNDER ANY Dr TREATMENT : \_\_\_\_\_

ADVISE OF ANY MEDICATION TAKEN & REASON : \_\_\_\_\_

DO YOU HAVE CHILDREN: \_\_\_\_ ARE THEY WELL: \_\_\_\_ ARE YOU PREGNANT: \_\_\_\_ DUE DATE : \_\_\_\_\_

PLEASE CHECK AND PUT A CROSS (X) IN ALL BOXES THAT APPLY TO YOU:

<input type="checkbox"/> ALLERGIES	<input type="checkbox"/> DIFFICULTY SWALLOWING	<input type="checkbox"/> NUMBNESS
<input type="checkbox"/> ANXIETY	<input type="checkbox"/> DIGESTIVE COMPLAINTS	<input type="checkbox"/> OPERATIONS
<input type="checkbox"/> ARTHRITIS	<input type="checkbox"/> DIZZINESS	<input type="checkbox"/> OSTEOPOROSIS
<input type="checkbox"/> ASTHMA	<input type="checkbox"/> EARS - GLUE EAR	<input type="checkbox"/> PAIN THAT RADIATES
<input type="checkbox"/> BACK PAIN	<input type="checkbox"/> EARS - RINGING	<input type="checkbox"/> PERIOD PROBLEMS
<input type="checkbox"/> BEREAVEMENT	<input type="checkbox"/> EPILEPSY	<input type="checkbox"/> PINS AND NEEDLES
<input type="checkbox"/> BLOOD CLOTS	<input type="checkbox"/> FEET - COLD OR NUMB	<input type="checkbox"/> PREGNANCY
<input type="checkbox"/> BLOOD PRESSURE - HIGH	<input type="checkbox"/> HANDS - COLD OR NUMB	<input type="checkbox"/> SENSITIVE TO PRESSURE
<input type="checkbox"/> BLOOD PRESSURE - LOW	<input type="checkbox"/> HEADACHES	<input type="checkbox"/> SENSITIVE TO TOUCH
<input type="checkbox"/> BOTOX / FILLERS	<input type="checkbox"/> HEART PROBLEMS	<input type="checkbox"/> SIGHT PROBLEMS
<input type="checkbox"/> BREATHING PROBLEMS	<input type="checkbox"/> HYPERMOBILITY	<input type="checkbox"/> SINUSITIS
<input type="checkbox"/> BROKEN BONES	<input type="checkbox"/> IMPLANTS / STENTS	<input type="checkbox"/> SKIN PROBLEMS
<input type="checkbox"/> CANCER	<input type="checkbox"/> INDIGESTION	<input type="checkbox"/> SLEEP PROBLEMS
<input type="checkbox"/> CHEST PAIN	<input type="checkbox"/> INFECTIONS	<input type="checkbox"/> SCIATICA
<input type="checkbox"/> CHOLESTEROL	<input type="checkbox"/> JOINT PROBLEMS	<input type="checkbox"/> TATTOOS
<input type="checkbox"/> DENTAL WORK	<input type="checkbox"/> LYMPH NODE REMOVAL	<input type="checkbox"/> URINARY PROBLEMS
<input type="checkbox"/> DEPRESSION	<input type="checkbox"/> MIGRAINE	<input type="checkbox"/> VARICOSE VEINS
<input type="checkbox"/> DIABETES	<input type="checkbox"/> NECK PAIN	<input type="checkbox"/> WEIGHT LOSS

IS THERE ANYTHING ELSE I SHOULD KNOW ? IF YES PLEASE ADVISE: \_\_\_\_\_

I understand and agree to allow this office to use my personal health information for the purpose of consultation, assessment and treatment. **This office does not release client information to any third parties.** I understand that the massage/bodywork I receive is provided for the basic purpose of relaxation and relief. If I experience any pain or discomfort during this session, I will immediately inform the practitioner so that the pressure and/or strokes may be adjusted to my level of comfort. I further understand that massage or bodywork should not be construed as a substitute for medical examination. I affirm that I have stated all my known medical conditions, and answered all questions honestly. I agree to keep the practitioner updated as to any changes in my medical profile and understand that there shall be no liability on the practitioner's part should I fail to do so. I also understand that any illicit or sexually suggestive remarks or advances made by me will result in immediate termination of the session, and I will be liable for payment of the scheduled appointment.

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE



OPERATIONS: \_\_\_\_\_

FRACTURES: \_\_\_\_\_ RECENT XRAYs / SCANS: \_\_\_\_\_

ACCIDENTS: \_\_\_\_\_

PREGNANCIES / BIRTH : \_\_\_\_\_

HEALTH ISSUES: \_\_\_\_\_

STRESS LEVEL: **HIGH / LOW** EXERCISE (TYPE & FREQUENCY) : \_\_\_\_\_

WEIGHT: **OVER / UNDER / AVG** DIET: \_\_\_\_\_

DRUG THERAPY **QTY AND FREQUENCY** : \_\_\_\_\_

NATURAL REMEDIES / VITAMINS : \_\_\_\_\_

ANY OTHER RELEVANT HEALTH INFORMATION : \_\_\_\_\_

ANY OTHER RELEVANT FAMILY INFORMATION : \_\_\_\_\_

PREVIOUSLY TREATED (GIVE DETAILS) : \_\_\_\_\_

**INITIAL BASIC ASSESSMENT**



**AREAS OF PAIN**

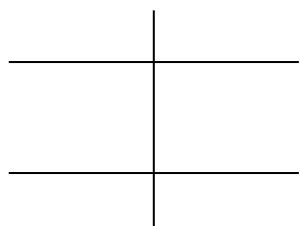


**AREAS OF PARAESTHESIAE**

ANTERIOR / POSTERIOR

R ANTERIOR L L POSTERIOR R

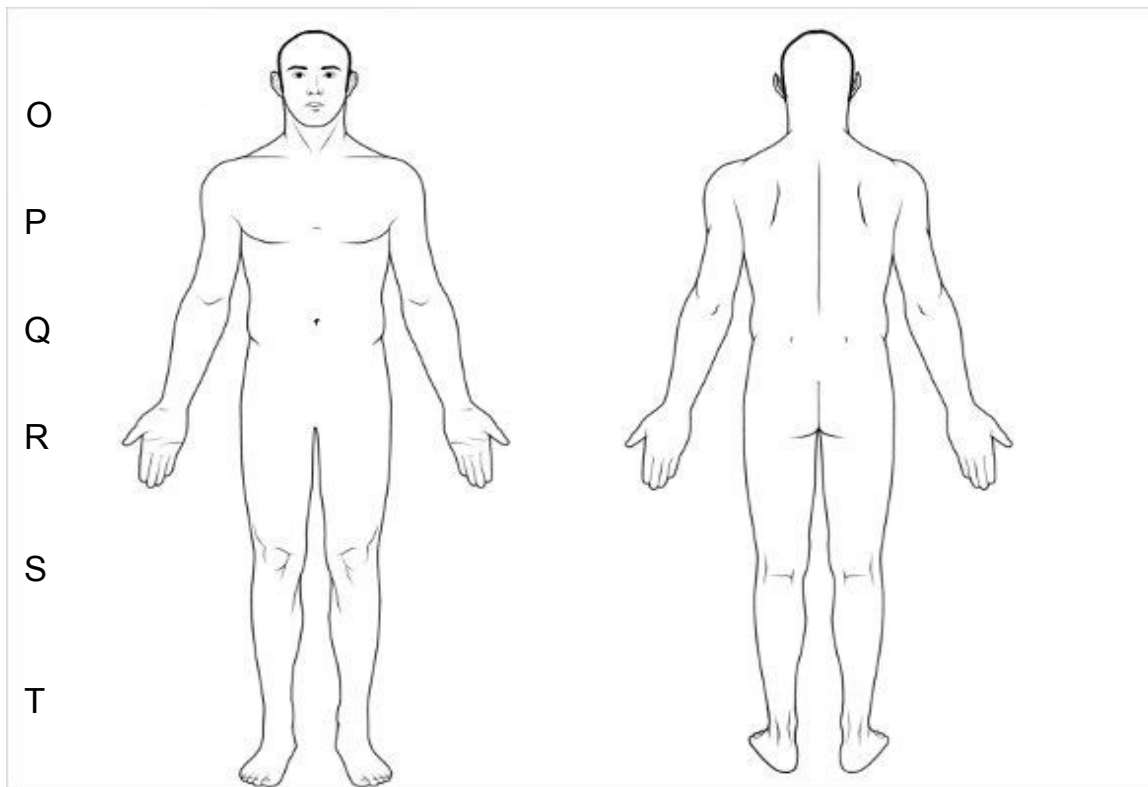
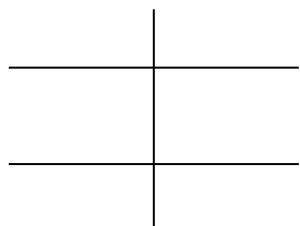
VIEW



RIGHT / LEFT

SIDE VIEW

ANTERIOR / POSTERIOR



I confirm that I have discussed and agreed to the proposed treatment plan and agree to proceed with my full consent.

SIGNATURE

DATE